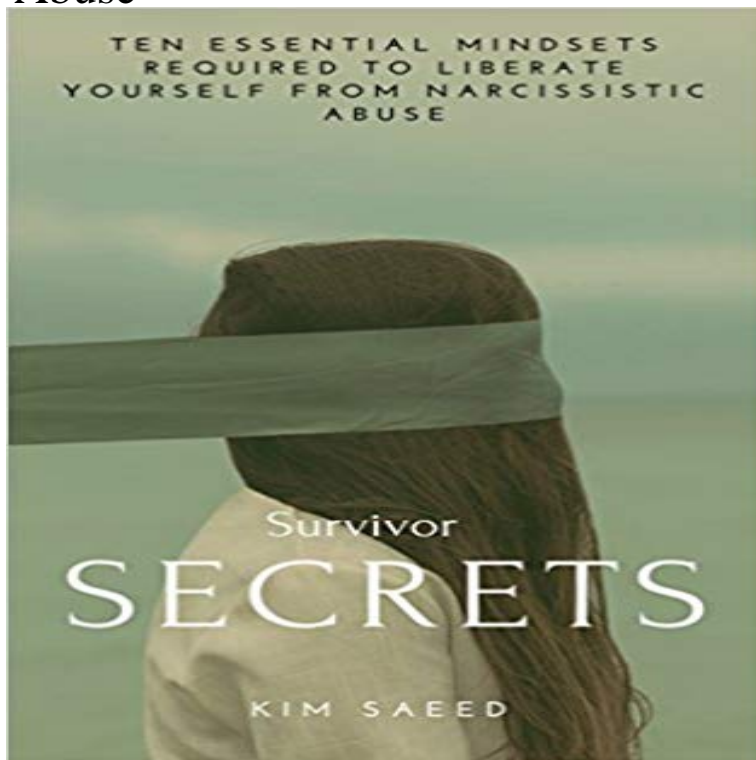


10 Essential Survivor Secrets to Liberate Yourself from Narcissistic Abuse



A quick-read that explores the ten survivor mindsets you need to adopt in order to liberate yourself from narcissistic abuse. This book is for you if: 1) you want to stop running yourself ragged on the tragic hamster wheel of a doomed relationship with a narcissist; 2) you want the resilience and determination necessary to recover from the psychological injuries that such a relationship inflicts upon you; and 3) you'd like some basic insight into how the work of self-transformation will allow you to attain the brighter future you want for yourself.

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