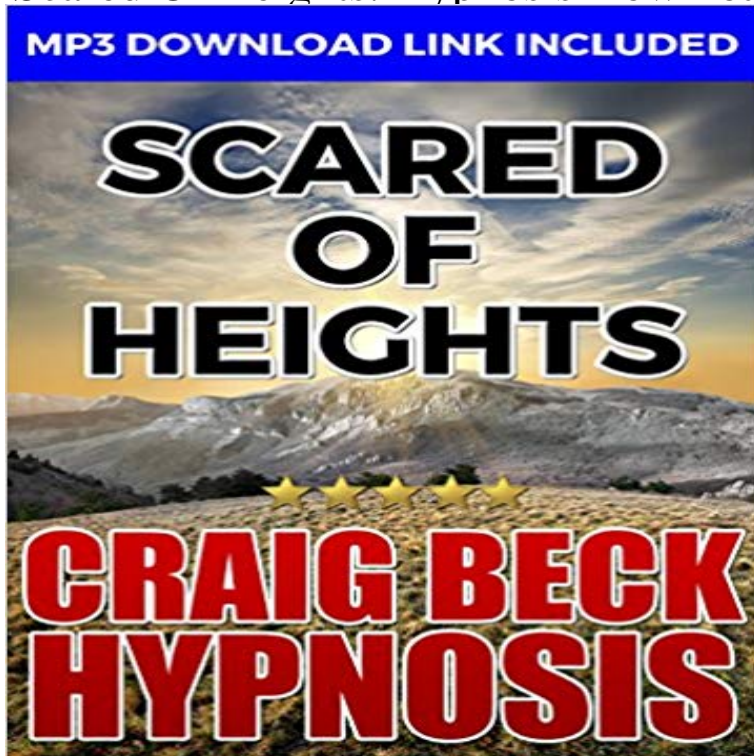


Scared Of Heights: Hypnosis Downloads



This kindle book includes a free MP3 download link for the accompanying hypnosis track. You might feel like you are the only one that has a fear of heights nevertheless it is just one of the most prevalent fears. Without a doubt, it is essential that we are cautious when up high but for you and countless others it is much more than that. Perhaps even thinking about heights produces a potent fear response. I am sure that you have tried to be OKAY with heights many times. But no matter how hard you aim to be calm when up high, anxiety and panic overrides what you're thinking. All self-limiting beliefs, phobias and bad habits are simply bad programs buried in the subconscious area of the mind. Willpower is entirely ineffective in dealing with these issues because you are prevented from accessing the source of the problem. Craig Beck is a master hypnotist of twenty years standing and is also a respected timeline therapist and NLP master practitioner. He understands what makes people tick and more importantly how to access and remove the erroneous programs that cause us problems in everyday life. Designed to quickly help you reduce and remove the overpowering fear of being at height; Use this powerful and proven MP3 hypnosis download to help with acrophobia.

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