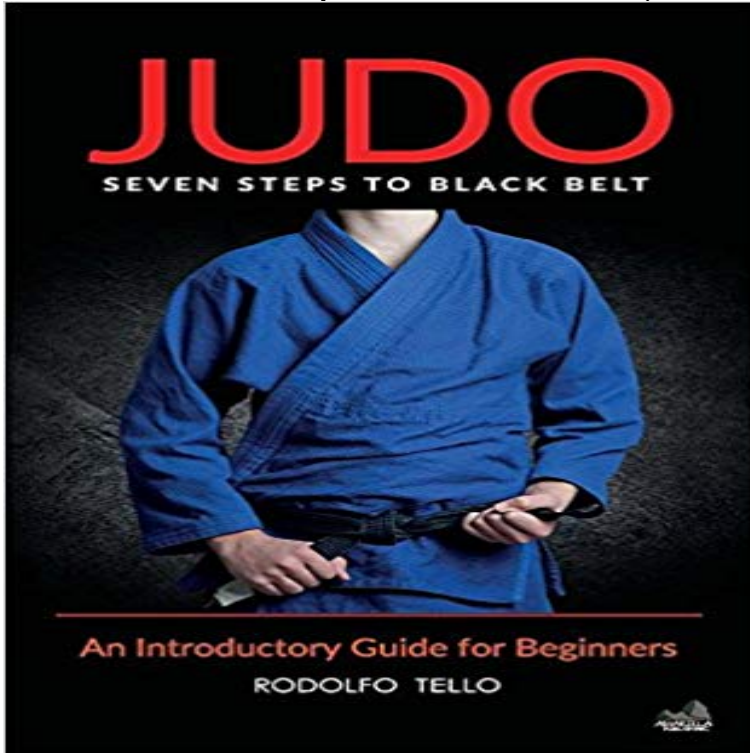


Judo: Seven Steps to Black Belt (an Introductory Guide for Beginners)



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